



Israel

The Power of Honesty

Year 1 Step 4 Lesson 2

Supplies Needed for Lesson 2

Step & Memory Verse

- Step 4 and the Monthly Memory Verse

Arrival Time

- Emotion of the Week Worksheet
- Adventures Alive Passports
- Crayons, pencils, and/or pens

Fun Food

- A fun food related to the bible lesson or the passport destination

Adventure Time

- 2 boxes
- 2 blankets
- 2 baby dolls

Real Talk

- Boundary Guidelines
- Step 4 Lesson 2 Core Question

Illumination Station

- The Inventory Worksheet

Step & Memory Verse

Step 4: The Power of Honesty

I made a list of all the things I like and don't like about myself and the people in my life.

Memory Verse: Lamentations 3:40

"Let us carefully examine our ways and let us return to the Lord."

Arrival Time

Pass out the Emotion of the Week worksheet. Greet parents and kids (enthusiastically) as they arrive! Be excited! Distribute passports. Recognize any new students, take their picture, and give them a passport.

Emotion of the Week: Merry - happy, cheerful and lively

Ask the following questions and discuss with the kids:

- What does a merry face look like?
- What does a merry heart feel like?
- What is the opposite of merry?
- What are some of the things that cause us to feel merry?
 - Act, Talk, and Write it out
- Which one of these seems to help you "get it out" (express it)?

Fun Food

Choose a fun food related to the bible lesson or the passport destination. Use this time to love on the kids and tell them how excited you are that they are here. Leaders, ask them about their week, tell them about your week, and talk about the Emotion of the Week.

Leader Note: Resist the urge to give the appropriate answer immediately. Listening to kids' answers can give you great insight into a student's struggles. Sometimes students will disagree with other students; be sure that happens in a gentle respectful way. If a student gives an answer that seems wrong, consider asking another student what they think before giving your own thoughts. This will encourage students to share and make sharing easier later during Real Talk. Our primary goal here is to invite students to speak.

Adventure Time

Welcome: Introduce yourself and welcome First Time Guests. They will go to the prize box at the end of Adventure Time.

Birthdays: Sing Happy Birthday to recognize those with birthdays. They will go to the prize box at the end of Adventure Time.

Announcements:

1. Go over the rules for Adventure Time and remind students that a few of them who follow the rules will be chosen at the end of the lesson to play a game.
2. Explain the importance of the passports for our Hope Safari. If they receive two stamps per month from the time they start attending, they will be invited to a Passport Party at the end of the year. It's at your discretion how you give stamps. It can be for attendance, for outstanding participation, for bringing a friend, etc. You can use it as a way to track attendance and to identify kids.
3. Any other announcements you may have for your local Adventures Alive Program!

Country of the Month: Israel

1. A popular snack around Passover is Tam Tam Snack Crackers. It is Kosher and does not contain leavening, which is the stuff you put in dough to make it rise. A Tam Tam is a six-sided matzo cracker that has long been part of Jewish holiday tradition.
2. Gelt was money, gold coins, given to children as a gift to give to their teachers or keep for themselves at Hanukkah, a Jewish holiday. They were also money won while playing the dreidel, a game with a spinning top. Today, Jews commemorate the giving of gelt by giving gold coins made of chocolate.
3. The official emblem of the State of Israel is the Menorah - a candelabrum, whose shape is derived from the sage plant, Moria. In certain species of the plant, the leaves branch out in a way that resembles the candelabrum that stood in the Holy Temple in ancient Jerusalem. It has two olive branches, one on each side, that symbolize Israel's longing for peace. Menorah means "lamp" in Hebrew.

Worship Songs: Choose 2 or 3 worship songs and invite the students into a space of praise and thanksgiving to God for the safe community He has provided for them.

Emotion of the Week: Merry

Bible Passage: Luke 1:26-38, 46-55

Lesson: Last week we learned that God had promised to send The Messiah to save Israel and the whole world. The Jews were anticipating a warrior king. God was planning to send a sacrificial king. He planned to send his only son to earth to be mothered by a young lady named Mary.

Read Luke 1:26-38 or tell it in your own words.

After Mary heard this she visited her cousin Elizabeth. Elizabeth had also been blessed with a miracle child even though she was very old and she and her husband had never been able to have children before. When Mary traveled to Elizabeth's house, Elizabeth went out to meet her and the baby in her womb leaped for joy. Elizabeth said she was favored to be visited by the Mother of the Lord, the Messiah, and that Mary was blessed because she believed that God would fulfill his promise to her. After this Mary was blessed because she believed that God would fulfill his promise to her.

Read Luke 1:46-55.

This is called Mary's Song. This month we are learning about Step 4. Step 4 is about making lists. We don't mean the kind of list you make for Santa Claus or the kind of list you take to the grocery store. Sometimes in Recovery it's really helpful to make a list of the things that you are happy with a list of things you need to work on. It's also helpful to make a list of the people you have hurt and a list of the people that have hurt you. When you talk about these things, you stop pretending that they don't exist and accept that there is something God can do to help you with your emotions around these lists. Sometimes it's scary to make these lists and it feels like hard work, but it's a great first step in learning to trust God with our big stuff. In Illumination Station, you will get an opportunity to start working on your list. Remember to look for things to be grateful for, like Mary did, while your making your lists.

Serenity Prayer: Pray over the kids and have them join you for the serenity prayer.

Large Group Game: Manger Relay

Divide the children into two teams and give each team a box to represent a manger. The children will take turns running to their "manger" and wrapping a doll in a blanket and running back to the team for the next player to do the same. The teacher or leader for each team can unwrap the doll for the next player each time. The team who completes the task first, wins!

Treasure Box: Invite the First Time Guests and the students celebrating their Birthday to pick out a prize from the Treasure Box.

Leader Note: Make it True, Make it Fun, Make it Stick

When you teach the lesson, ask yourself what you want the kids to take away?

Real Talk

Read the Boundaries

1. What is said in the group, stays in the group unless someone is in danger.
2. Don't interrupt. Be a good listener. Only talk when you're holding the ball.
3. Don't make faces or weird noises when someone is sharing.
4. Only talk about your struggles.

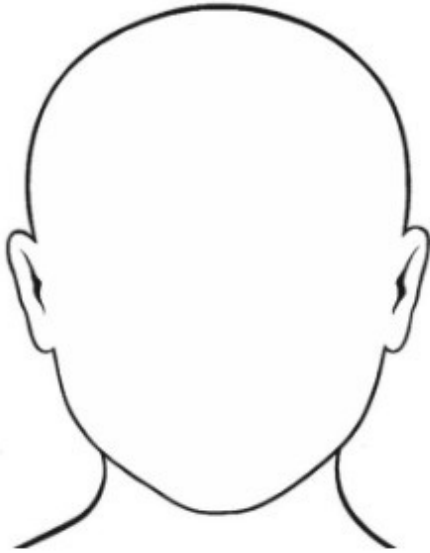
Read the Core Question and go around the circle giving each student an opportunity to answer, beginning with yourself. They may pass if they want.

Core Question: Have you been hurt by anyone? Will you be brave enough to put their name on your list? Are you brave enough to share tonight about someone who has hurt you?

Illumination Station

Make Your List: Give each student space, tools, and time to do their inventory. Talk to them about making their lists of things they like and don't like about themselves, of people who have hurt them, and of people they have hurt. Move around the room to help children and give them an opportunity to talk about anything they want to talk about on their list. You have to express how this is a safe place and no one outside of the leaders will see this list. Make sure they know that the lists will be taken up and will be confidential. If they want to tear up their list when they're done, they may do that also. We want them to know that we are only asking them to do what they are ready to do. Do not push any student to talk about anything they are not ready to talk about. Ask the children who completed the worksheet if they are willing to let you put the worksheet in a safe place until next month. They will be given back to the students next month to complete Step 5.

Leader Note: Be sure to store the completed worksheets in a safe location.



Name: _____

Adventures Alive

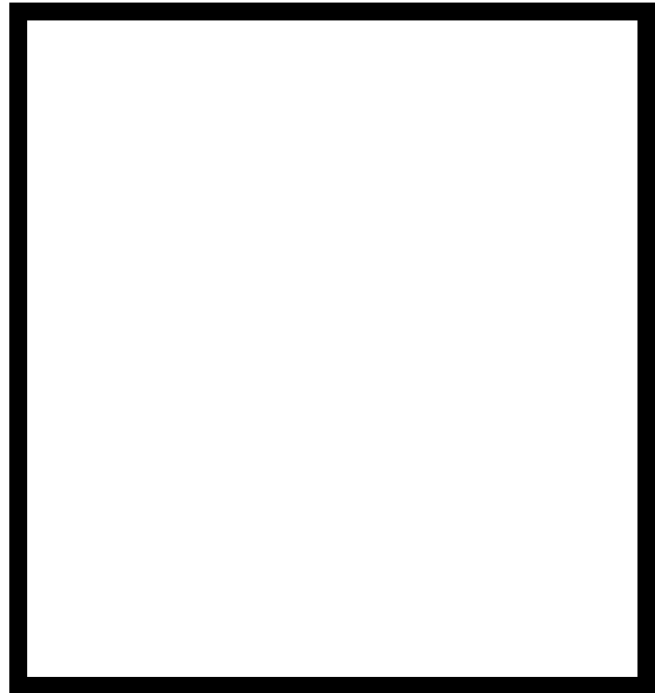
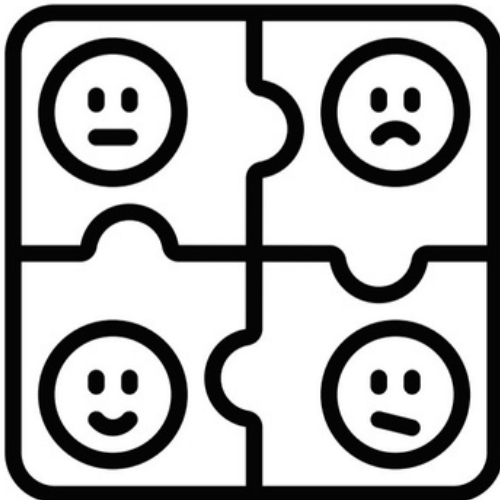
Emotion

of The Week: _____

Draw what a _____
face looks like!

Draw or write about something
that made you feel
_____ this week.

How Are You?



Rate Your Week!



Adventures Alive Inventory Worksheet 1

Who hurt you?	How?
1.	
2.	
3.	

Who have you hurt?	How?
1.	
2.	
3.	

Adventures Alive Inventory Worksheet 2

What do you like about yourself?

1.

2.

3.

What do you need to work on to be a better person?

1.

2.

3.

What are three things you are grateful for?

1.

2.

3.